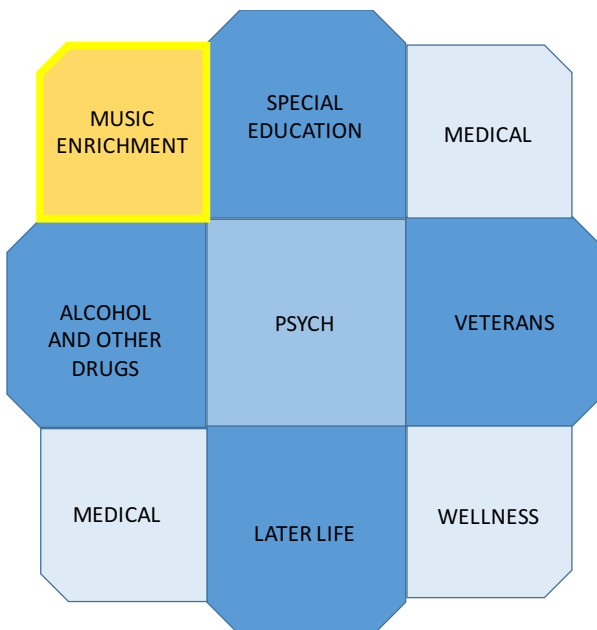


Expressive Therapies LLC

Empowering individuals, those living with social, cognitive, emotional, physical and/or spiritual needs, through music and mental health therapies to improve health and well-being.

Expressive Therapy LLC Settings:

Expressive Therapy LLC newsletters will be focusing on the variety of settings we work in throughout the Fox Valley. Newsletters in the upcoming months will have setting highlights that describe how music therapy works within that setting alone. This month's newsletter focuses on Music Enrichment, how it's currently active in the Fox Valley, how funding works, and how you can inquire about services.



There's a difference between Music Therapy services and Music Enrichment services. Check out the difference!

Music enrichment is described as a trained music therapist creating specific music experiences for a group or individual without setting individual goals for clients. Expressive Therapies does not provide documentation on client progress



UPCOMING DATES:

- Syncopated Senses starts on March 7.
- No CRESCENDO



February 16

Group Sign Ups

Spring and summer groups are approaching! Check out our flip book link on page 2 of this newsletter for more



information!

<http://www.expressivetherapies.net>

1
COMMUNITY INVOLVEMENT
 Current programs in the Fox Valley community

2
FUNDING
 How can you financially start a music enrichment program with Expressive Therapies

3
DO YOU WANT TO START A PROGRAM?
 How to start a program for your facility

throughout the sessions provided. Music enrichment is an aim to provide music based experiences for people in the community by addressing specific needs within communication, cognition and physical abilities without doing a full evaluation and treatment plan of the group or client. Expressive Therapies currently is involved in a variety of settings in the Fox Valley region.

Current Running Music Enrichment Programs:

- Music For Special Needs through Lawrence Academy
- Mile of Music Family Drum Circle
- Drum Circles in collaboration with Easter Seals and SOAR Fox Cities
- Music enrichment at the Cerebral Palsy Center in the Green Bay area
- *CRESCENDO* band program hosted by Expressive Therapies LLC
- *In Harmony* at the Cerebral Palsy Center in Kimberly and at two Appleton schools in collaboration with Fox Valley Symphony

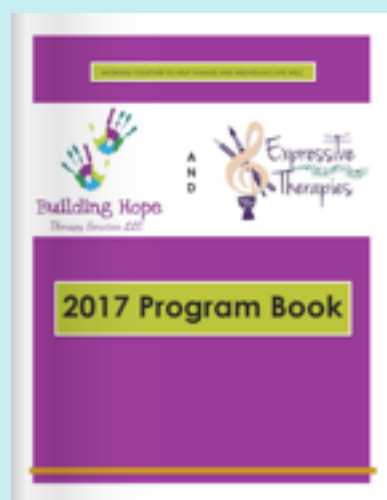


Expressive Therapies loves getting involved in the community! We are always searching for ways to provide services to the community through both therapeutic and enrichment facets. We are hoping to connect with more day-centers, bereavement centers, refugee resettlement agencies, daycare centers, and a variety of other community centers that would appreciate music enrichment services provided by board certified music therapists. Contact Expressive Therapies to discuss whether music therapy or music enrichment is the right fit for your needs.

Expressive Therapies has collaborated with Building Hope Occupational Therapy Services to create interactive and engaging groups for the Fox Valley community. Starting on March 7, we have a new wave of Syncopated Senses groups starting. Please check out the link below to see what groups are available, if any are of interest to you, and if the dates and timing work with your schedule!

Copy the following link into your web browser:

<https://www.flipgorilla.com/p/24819575044440185/show>



Funding a Music Enrichment Program

Sure, getting a music therapist to facilitate a service for your facility would be great, but how does payment work? Expressive Therapies is always willing to work together to find the best options for everyone involved. We would love to connect with you regarding these options.

What will Music Enrichment do for my environment?

Expressive Therapies is dedicated to facilitating quality experiences that meet the needs and abilities of the participants. Our therapists will assess the age, abilities, limitations, space provided, expectations of the group, and all other important details determined by the facility and music therapist in order to meet the needs of the group. With all the gathered information, Expressive Therapies' therapists then create an interactive music experience that engages the clients through a variety of music interventions: instrument playing, singing, dancing, song writing, group conversations based on the preferred music of group members, and other music based interventions. Group sessions can be held as often as needed, and if a performance element is included, we can present the talents of the group with a concert for family and community members.

How can I inquire about Music Enrichment Services for my environment?

Expressive Therapies is happy to discuss different opportunities in person, via phone or via email conversation. Feel free to reach out with any questions and/or to discuss all possibilities. If you believe music enrichment would benefit your programming or facility, please email info@expressivetherapies.net or call 920-284-0891 for more information.

THANK YOU FOR SUBSCRIBING TO OUR NEWSLETTER!

We appreciate connecting with the community by sharing the specifics of music therapy. If you have further inquiries, we highly recommend visiting our website at www.expressivetherapies.net, look-up our Facebook page by typing *Expressive Therapies* into the Facebook search bar, check out the American Music Therapy Association's website at www.musictherapy.org, or email us at info@expressivetherapies.net.

Take care and Be Well!

Sincerely, Expressive Therapies LLC

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